

3-Day Advanced Play
Therapy Training Course



FAMILY PLAY THERAPY



3-DAY ADVANCED PLAY THERAPY TRAINING COURSE
(18 Contact Hours)

Play Therapy is an effective mental health therapeutic approach that works best when significant others are actively involved in the treatment process. Family-based play therapy, blending family therapy with play therapy, allows family members to engage in treatment and to experience fun and inclusive therapy which aims at transforming together.

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COURSE DESCRIPTION

Play Therapy is an effective mental health therapeutic approach that works best when significant others are actively involved in the treatment process. Family-based play therapy, blending family therapy with play therapy, allows family members to engage in treatment and to experience fun and inclusive therapy which aims at transforming together.

The course content will cover the essential knowledge, skills and well-developed techniques of some play-based family assessment and interventions for child-focused problems. Local cases will be used to illustrate and demonstrate how to conceptualize cases with systemic perspective. Processing skills in metaphor to facilitate therapeutic dialogues will be introduced and practiced in the class.

This 3-day advanced play therapy course is suitable for those who have essential foundational knowledge and skills in Play Therapy and are ready to use systemic and directive play therapy intervention approaches in their practices.



CONTENT AND LEARNING OBJECTIVES

Day 1: Why family matters in play therapy (6 hours)

After the workshop, participants are able to:

1. demonstrate essential knowledge for practicing family-based play therapy;
2. develop sensitivity in systemic thinking.
3. use symbol and metaphor in family intervention;
4. develop sensitivities in symbolic thinking; and
5. develop observation skills on family dynamics;

Day 2: Processing skills in play therapy to facilitate therapeutic dialogues (6 hours)

After the workshop, participants are able to:

1. apply skills facilitating open communication of feelings, thoughts and needs;
2. apply skills facilitating members to gain insight into other's perceptions.
3. develop skills in reframing internal yearning;
4. apply skills facilitating new way of relating; and
5. apply skills facilitating new coping and resolution.

Day 3: 6 techniques in Family-based Play Therapy (6 hours)

After the workshop, participants are able to:

1. conduct 2 techniques for play-based family assessment;
2. develop competence in conceptualization skills with systemic perspective;
3. demonstrate knowledge and skills on 4 play-based family intervention techniques;
4. demonstrate skills in doing post-play processing; and
5. demonstrate skills in helping the family improve attachment and bonding;



ENROLLMENT DETAILS

Date: 27/12 (Sun) 2020, 30/12(Wed) 2020, 1/1(Fri) 2021

Time: 10:00 am-1:00 pm & 2:00 pm - 5:00 pm (6 contact hours)

Target Participants

The course content is designed for practitioners in counselling and psychotherapy, e.g. social worker, counsellor, psychologist, psychiatrist, family therapist and psychotherapist. Although not eligible to receive APT continuing education credit, allied professionals (pediatricians, nurses, OT, ST, teachers) are welcome to attend for professional enrichment.

Entry Requirement

1. For gaining APT CE credits, applicant should possess a master degree in mental health professions (for eligibility to obtain APT CE credit, please refer to <https://www.a4pt.org>).
2. For gaining Certificate of Attendance with Continued Education (CE) hours, applicants should possess a bachelor degree or above of either a mental health program, or work in the Health and Allied health professions, or Early Childhood Education.

Enrollment Procedures

Deadline: 16 Dec 2020

Venue: Dream Impact (Lai Chi Kok)

Fee: HK\$ 6,300

HK\$ 6,000 (Paid on or before 4/12/2020)

HK\$ 5,800 (Alumni before 4/12/2020)

Online Application:

<https://www.familydynamics.com.hk/news/family-play-therapy-advanced-play-therapy-training-course/>

An email on payment method will be sent to each successful applicant in due course.



ABOUT THE TRAINER

Yuen Ka Wah, Clara

BSW, MSocSc (Family), MACS

Registered Social Worker

Registered Play Therapist - Supervisor (Association for Play Therapy)

Registered Circle of Security Parenting Facilitator

Ms Clara Yuen has many years of managerial and clinical experience in child counselling, play therapy, family therapy and parent services. She has been a clinical leader of professional teams building up play-based and attachment-based treatment models which demonstrating the distinctive impact of the age-appropriate and developmentally sensitive approaches to work with young children in different adverse situations. She values capacity building and are author and editor of many books and clinical intervention guides about children with neurodiversity and in psychological distress. In order to promote play therapy practice, she has developed a comprehensive curriculum and pathway for practitioners in HK to learn and practise Play Therapy and then work towards becoming a Registered Play Therapist ¹. Clara is one of the prominent trainers of Play Therapy Education in Hong Kong, recognized by Association for Play therapy (US) since 2011. She is the Founder of Playtegrate.

She is so devoted to clinical enhancement that she has received supervisor training from Anna Chesner (UK) to become a clinical supervisor for psychotherapists. She has provided over 1000 clinical supervision sessions for social workers, play therapists, and other clinical practitioners since 2013.

The Association for Play Therapy (US) is an international professional society offers continuing education specific to play therapy. Playtegrate as APT Approved Provider 20-601 is approved by APT to conduct continuing education for mental health professionals in HK and worldwide. If the applicants plan to work towards becoming a Registered Play Therapist in APT, this 18-hour training course is recognized by APT ².

¹ Becoming a Registered play therapist, one should have 150 hours of play therapy specific instruction from APT approved providers (limit 50 non-contact hour). For details, please visit <https://www.a4pt.org>

² There are other requirements for becoming a RPT, please visit APT website for details.

REMARKS

1. Quota is limited and is allocated on a first-come-first-served basis. Yet priority goes to those who have already obtained at least 35 hours of foundational training in play therapy.
2. Confirmation will be sent by email upon receiving the enrolment form and payment.
3. Receipt will be issued on the first day of the training.
4. Please keep the receipt and no re-issue will be made.
5. Copyright of all course training materials including but not limited to handout, notes, references and PPT slides belongs to the trainer. No reproduction of any pieces of these training materials is allowed.
6. No form of recording, including audio- or video-recording, during the course is allowed.
7. Certificate of attendance will be issued after the participants have completed the training course.
8. Please be punctual. Late attendance or absence from course will result in deduction of the CE hours gained. Being late for more than 30 minutes will be counted as 1 hour. The certificate will indicate the actual number of hours attended.
9. Family Dynamics and Playtegrate reserve the right to cancel this training in the event of unforeseen circumstances. Should this occur, Family Dynamics and Playtegrate will reschedule the training or arrange full refund. In all instances, the liability of Family Dynamics and Playtegrate is limited to refunding of registration fees only.
10. There will be Make-up class if a participant is inevitably absent from the class. Review of recording will be arranged within one month after the training session. Adjusted Non-contact training hours will be given instead.

REMARKS (CON'T)

11. An administrative fee of HK\$600 will be charged if withdrawal within 1 week from confirmation of enrolment. No refund will be made after 1 week from the date of confirmation.
12. The enrolment of the course is not transferable.
13. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal is hoisted by 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email/WhatsApp afterwards.
14. Personal data collected in the application form are used for processing your application and future promotion purposes. Under the provision of the Personal Data (Privacy) Ordinance, you have the right to request access to and make correction of your personal data.
15. We treasure the face-to-face learning and interaction, demonstration and experiential learning. We will try our best to keep our face-to-face workshops when condition allows. Infection control and prevention measures are enforced to ensure the participants' safety. Yet, if the COVID-19 continues to spread and social distancing is recommended, some of the training sessions may be changed to Real-time-online-session. After-session-digital-review will be provided for those being absent with strong reasons only.
16. Special discount will be granted in future play therapy training course for participants successfully complete the training.
17. For enquiries please contact Family Dynamics 家庭動力 at 24681261.
18. Family Dynamics and Playtegrate reserve the right to make the final decision in any dispute.