



Family Dynamics

Group supervision on Child-centered Play Therapy

There is a growing tendency of integration in the field of play therapy that therapists are selecting from various theories and techniques instead of one single approach to cater the needs of each unique client. Child-centered is one of the historically significant theories which have had a lasting impact and have stood the test of time. Having a strong foundation in child-centered play therapy can appreciate the child's ability in self-actualization, and be able to develop a safe therapeutic space and relationship to help the child in self-expression.

Supervisor:

Christina Chan, M.Soc.Sc (Behavioral Health), B.Soc.SC (Social Work), RSW, RPT-S (S-2234)

Ms Christina Chan had over ten years of experiences in dealing with children's emotional problems and parent-child relationships. Since 2006, she received professional trainings on child-centered play therapy, cognitive-behavioral play therapy, gestalt play therapy, sandplay therapy, family play therapy, Theraplay, etc. Christina became a registered play therapist (RPT) from the Association for Play Therapy (APT) in 2014, and registered as a supervisor (RPT-S) in 2018. She had supervised a play therapy service for 60 children with special needs. She specialized in using play therapy to help children with special needs in enhancing emotional regulation and self-esteem, and also helps their parents to understand their needs and explore their potentials. She possesses over 1,500 supervised play therapy practice hours, and received over 280 hours accredited play therapy training. She had been invited to provide children therapeutic groups, parents' talks, parents support groups, and teacher training for kindergartens and primary schools.

Date: 4/11, 18/11, 2/12, 16/12, 30/12 (Wed)

First session on 4/11 will be an introductory session on revision of child-centered play therapy, skills on intake, recordings, and how to observe child's play. Presentation schedule will also be confirmed in the first session.

Time: 6:45pm – 8:45pm

Venue: TBC (Family Dynamics Tin Hau office or Zoom, depending on the pandemic situation or unforeseeable circumstances)

Group size: 5 participants (1 presenter for each session)

Fee: \$3,500 (10 hours)

Enquiry: info@familydynamics.com.hk / 2468 1261 / WhatsApp 5507 6199

Information session

21/10 (Wed) 8:00pm – 9:00pm (Zoom)